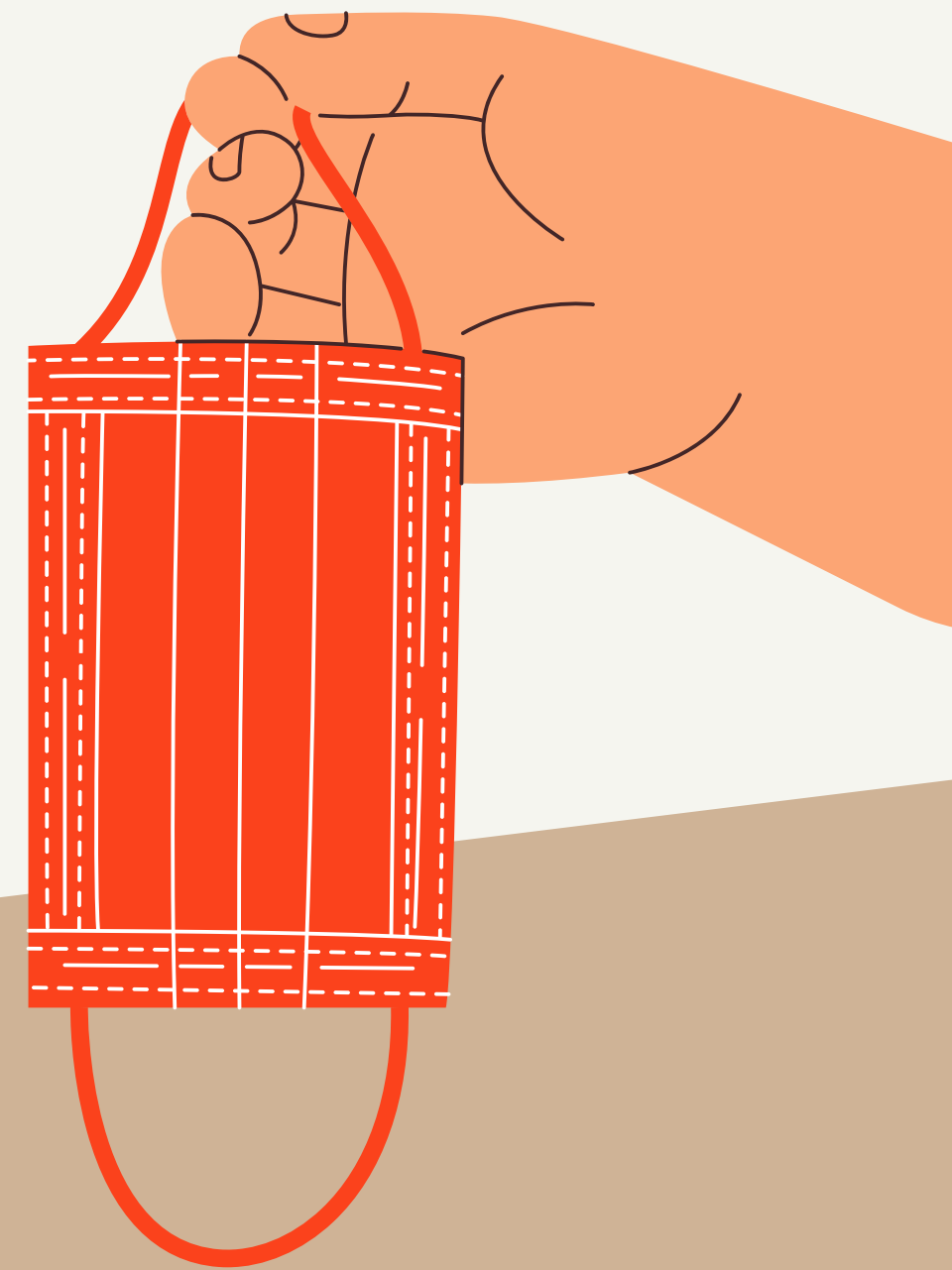


How to use a mask?

Source: World Health Organization



Before Putting on a Mask:

Clean hands with **alcohol-based hand rub** or **soap and water**.



While Wearing a Mask:

1. **Cover your mouth and nose.** Make sure there are no gaps between your face and the mask.
2. **Avoid touching the mask.** If you do, clean your hands with alcohol-based hand rub or soap and water.
3. Replace the mask with a new one as soon as it is damp. **Do not re-use single-use masks.**



To dispose of the mask:

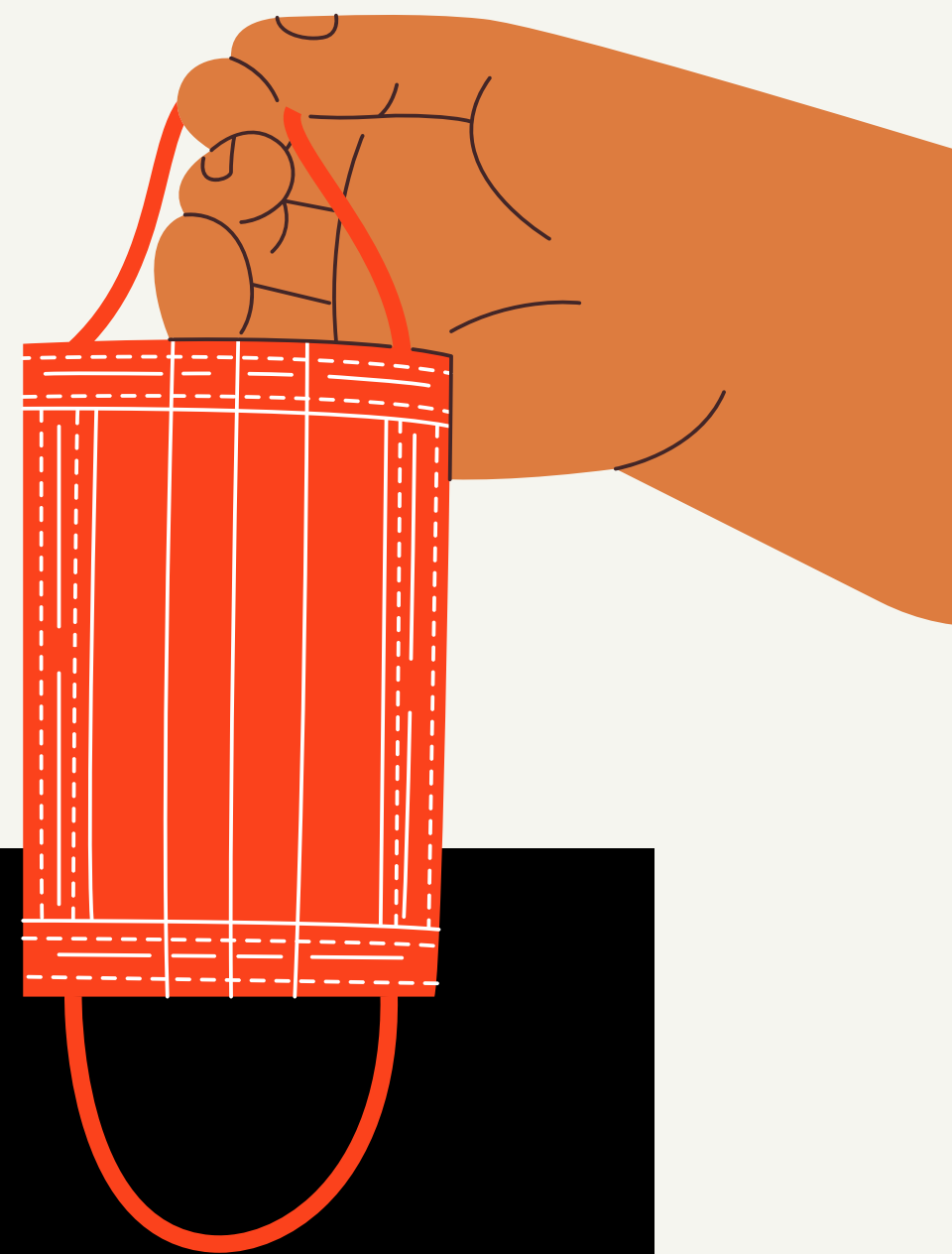
1. Remove the mask from behind using the strings. **Do not touch the front of mask.**
2. Discard the mask **immediately** in a closed bin.
3. **Clean hands** with **alcohol-based hand rub** or **soap and water**.



#StopTheSpread

When to use a mask?

Source: World Health Organization



Coughing or sneezing?

NO

YES

Are you taking care of a person with suspected 2019-nCoV infection?

YES

NO

Please wear a mask to keep you and others safe.

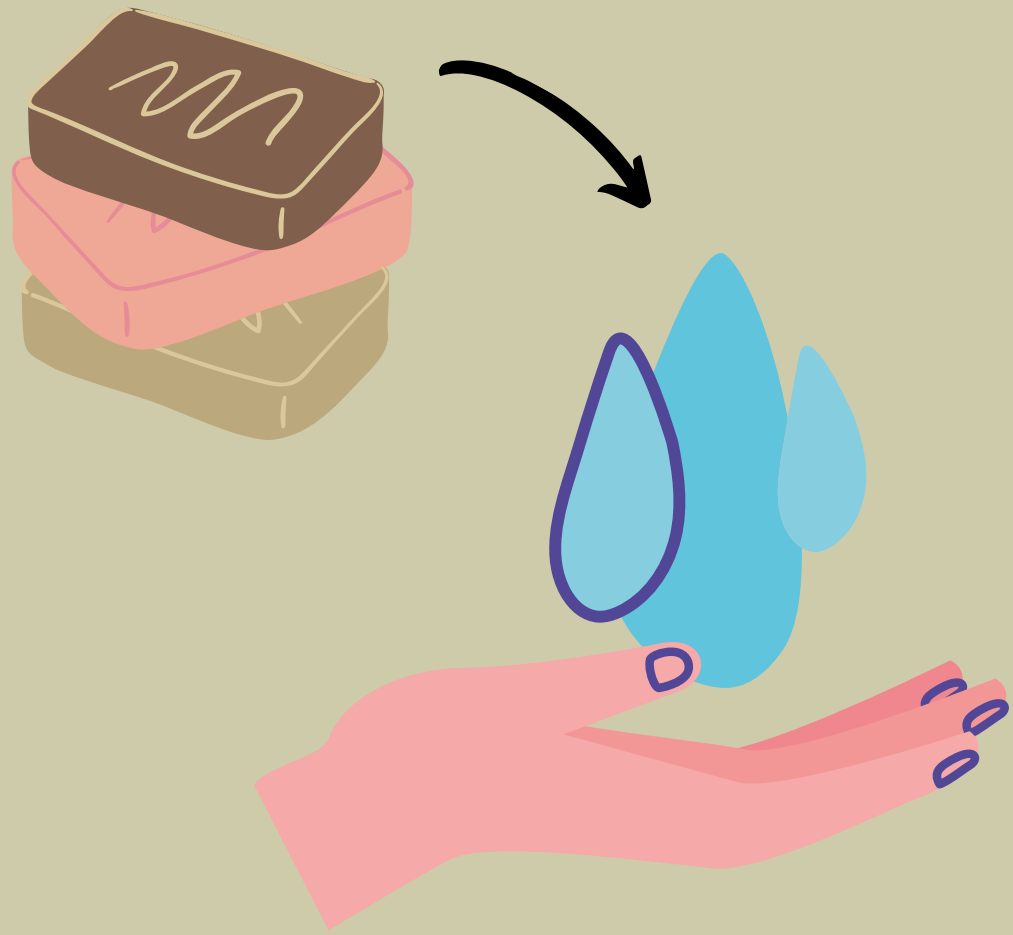
There's no need to use a mask, but remember to **wash your hands regularly**. If you have extra masks, you can donate them to those who need them most, like healthcare professionals.



Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water.



A GUIDE TO MASK USE



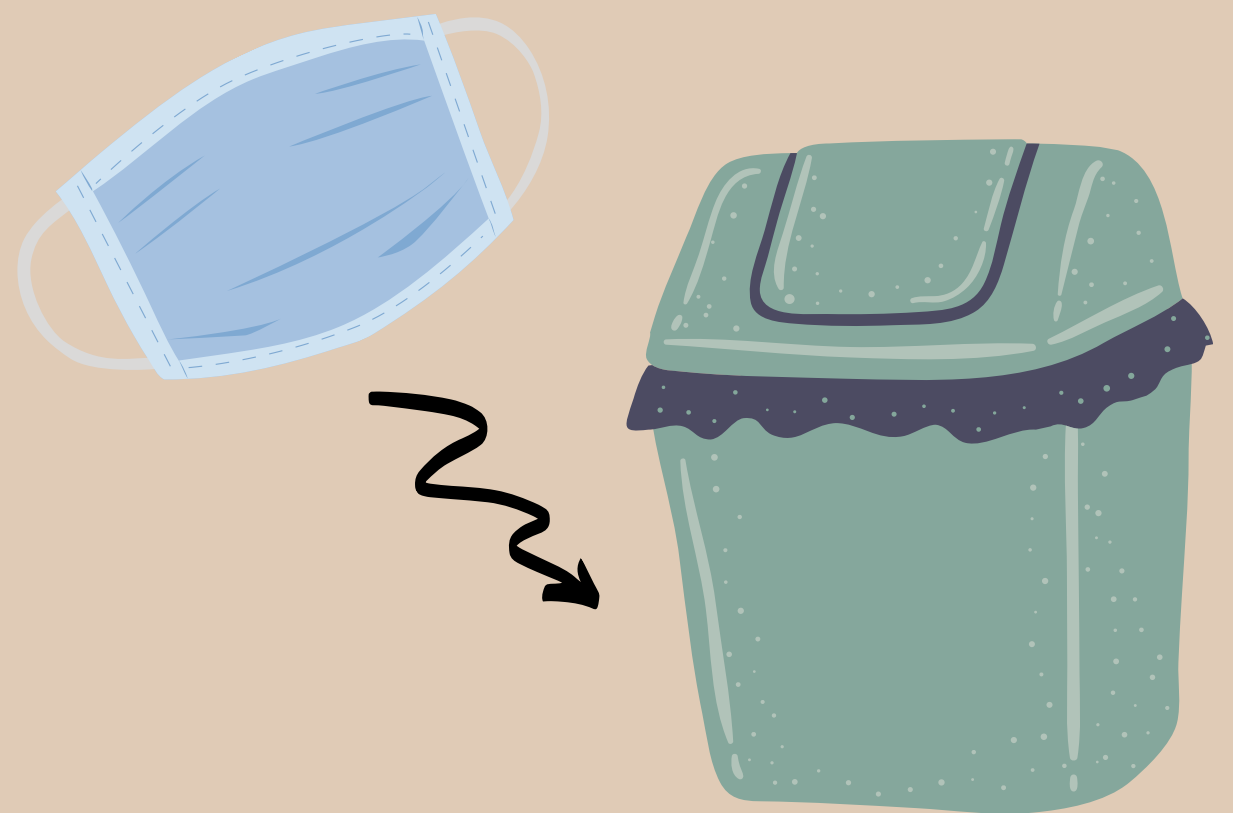
Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.



Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks.



To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water.